

OVERVIEW

The Well-Being Project is geared toward the sustainable enhancement of citizens' well-being. Our project is inspired by the desire to provide youth with holistic childhood experiences that equip them to live physically, mentally, and spiritually healthy lives.

Through a variety of foci, including nutrition, sports, wealth, career development, well-being, and skill development, the Project seeks to promote social cohesion and make a significant contribution to the social fabric of humanity.

Sports, specifically the Grassroots Soccer Programme, which aims to meet the capacity needs necessary to help young people become exceptional soccer/football players and to encourage various soccer clubs and coaches to become involved in raising the level of play across the country, is a central component of this project. This development programme will be carried out by concentrating on youth soccer leagues and community.



FOCUS AREAS

- 1. Nutrition | Children, 0-100 days old
- 2. Sports | Community & school soccer and competitions
- 3. Wealth | Pre-primary to Grade 12 Children
- 4. Career Development | Pre-primary to Grade 12 Children
- 5. Well-Being | Mental, Spiritual, Sex Ed, etc Children
- 6. Skills Development | Youth-focused

BENEFICIARY/COMMUNITY BENEFIT

- 1. Health & well-being
- 2. Youth development
- 3. Progress towards SDGs 2.2, 3 & 4
- 4. Increased safety, especially for vulnerable groups including women and children
- 5. Capacity building & skills development
- 6. Socio-economic development

THE BIG

IDEA

THE BASIC NEEDS: THE WELL BEING PROJECT

HOW TO PARTICIPATE

This programme is designed and implemented by <u>www.innv8e.com</u>

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